



MONMOUTH COUNTY REGIONAL HEALTH COMMISSION NO. 1

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www.mcrhc.org

For Immediate Release

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March 16, 2020

Monmouth County Regional Health Commission Activates Public Health Emergency Plan

This a critical moment in the growing outbreak of COVID-19 in Monmouth County, it is for this reason the Monmouth County Regional Health Commission No. 1 is activating Level 4 of our All Hazards Response Plan at 3pm today. Therefore, MCRHC will be suspending all programs and all staff will shift to focus on COVID-19 response as a priority function.

To minimize the health impacts of COVID-19 in Monmouth County, we are implementing a variety of emergency strategies within our operations to slow the spread of this disease. Our Communicable Disease Team of public health nurses, acting epidemiologist, and disease investigator continue to track confirmed cases and perform close contact investigations. Registered Environmental Health Specialists will now prioritize response efforts which include meeting with local Offices of Emergency Management in the towns they serve and supporting efforts of the Communicable Disease Teams.

The MCHRC will no longer be open to the public. Should a municipality or contractor have a rabies specimen, building, or septic plans that need to be dropped off, please call ahead so that arrangements can be made.

See our website with additional information on how to protect yourself and what to do when you are sick. Please understand that many of the actions asked of you will have a tremendous impact on all members of our community. Unless we collectively follow social distancing recommendations aimed at slowing down the spread of the virus, we expect the case count to increase significantly. The goal for all public health partners are to reduce the spread of the disease and lessen the impact on medical facilities so that they can respond appropriately.

If you feel you may have been exposed, monitor your symptoms. Our office does not test for COVID-19. Testing is available for symptomatic individuals. If you become ill with fever, a cough and shortness of breath, call your health care provider. Call the NJ State Hotline at 1-800-222-1222 with any questions.

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The Monmouth County Regional Health Commission provides shared public health services to nineteen (19) towns: Allenhurst, Brielle, Deal, Fair Haven, Interlaken, Little Silver, Loch Arbour, Middletown, Monmouth Beach, Ocean Township, Red Bank, Rumson, Sea Bright, Sea Girt, Shrewsbury Borough, Spring Lake, Spring Lake Heights, Tinton Falls, and West Long Branch.