



## **MONMOUTH COUNTY REGIONAL HEALTH COMMISSION NO. 1**

1540 WEST PARK AVE., TINTON FALLS, NJ 07724

[www.mcrhc.org](http://www.mcrhc.org)

### **For Immediate Release**

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### **Presumptive Positive Case Of COVID-19**

The Monmouth County Regional Health Commission No. 1 is reporting a presumptive case of coronavirus COVID-19. A student at Red Bank Regional High School has presented with symptoms and was in close contact with a previously identified presumptive case. The student has been evaluated by Hackensack Meridian Health Riverview Medical Center. The US Centers for Disease Control will be verifying the result of this test.

This afternoon a joint meeting was held with school officials, local police and OEM, local officials, a state legislator and Hackensack Meridian Health Riverview Medical Center. The purpose of the meeting was to further discuss a response and coordinate efforts to help limit the spread of COVID-19.

Our Communicable Disease Team is conducting an intensive ongoing public health investigation of all contacts reported by the presumptive positive student. Based on the current information, the Red Bank Regional High School in consultation with us and others will be activating their continuity of learning plan which will close the school until further notice. At this time, there is no recommendation to close the sending district schools for PreK to 8<sup>th</sup> grades.

Coordination for limiting the spread of COVID-19 is ongoing. We are working together to determine the next steps for mitigation efforts. If you feel you were in close contact with someone who is considered a presumptive case, we ask that you monitor symptoms. If you become ill with a fever, a cough, and shortness of breath AND was in close contact with someone who was confirmed as a positive presumptive case, call your health care provider.

The Centers for Disease Control and Prevention reports that those at high risk for developing serious illness are older adults and those with underlying conditions. We continue to stress that the public use proper hygiene techniques to help stop the spread of the virus. These habits include:

- When greeting others avoid shaking hands
- Washing your hands with soap and water, creating a lather, for 20 seconds (length of singing “Happy Birthday” twice) and turning off the faucet with a paper towel.
- Avoid touching your eyes, nose and mouth
- Covering your nose and mouth with a tissue or your elbow (remember to throw the tissue in the trash)
- Avoid close contact with those who are coughing or sneezing
- Limit food sharing
- Stay home if you are sick

Currently New Jersey has 23 positive presumptive cases and one death. MCRHC is working closely with our partners and will continue to update Monmouth County residents of the evolving situation.

For more information about COVID-19 and the public health procedures visit <https://www.nj.gov/health> and <https://www.cdc.gov/coronavirus/2019-ncov/>. If you have any questions about COVID-19, call the NJ State Hotline at 1-800-222-1222.

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The Monmouth County Regional Health Commission provides shared public health services to nineteen (19) towns: Allenhurst, Brielle, Deal, Fair Haven, Interlaken, Little Silver, Loch Arbour, Middletown, Monmouth Beach, Ocean Township, Red Bank, Rumson, Sea Bright, Sea Girt, Shrewsbury Borough, Spring Lake, Spring Lake Heights, Tinton Falls, and West Long Branch.